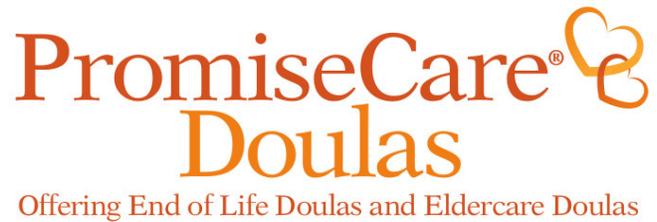


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The Promise Group launches the first certified Eldercare and End of Life programs in Allegheny, Westmoreland, Fayette and Washington Counties.

Greensburg, PA, June 6, 2017 - Elizabeth Aungier, MSW, Principal and President of the Promise Group (Promise Hospice), announces the launch of **PromiseCare Doulas**, the first certified Eldercare and End of Life (EOL) programs in Allegheny, Westmoreland, Fayette and Washington Counties.

A Doula is a non-medical person trained to care for the elderly in a holistic model - physically, emotionally and spiritually.

The word doula makes one think of someone who assists an expectant mother with emotional and physical support during childbirth. This same kind of assistance is need at the end of life

Aungier has seen a gap in end of life care and, after her father passed away in 2015, she began looking for ways to support people further at the end of life. She believes that the concept of Midwife or Doula used for child birth was also needed for end of life.

After an extensive search, she found a certified EOL doula program created by Suzanne O’Brian called Doulagivers. “The training program was exactly what I had been looking for,” said Aungier. “I wanted to help people achieve a meaningful, dignified natural death at home, while supporting their loved ones as well. Transitioning from life to death is a sacred journey that is beautiful when there is support and guidance for both patient and families.”

Aungier held a Certification training last weekend, with Suzanne personally providing the training herself. She wants all of the employees of Promise to go through the training for their education and to improve upon the skills they already poses. At this time, three fourths of her staff is certified and trained as elder care and EOL doulas.

EOL Doulas have been recognized as one of 2017’s new cutting edge occupations by Time.com.

The end of life doula movement is supported by National Hospice and Palliative Care Organization. “As long as they go through a training process, I think they can complement the work of the hospice team really well,” said John Mastrojohn III, RN, MSN, MBA, the organization’s Executive Vice President and Chief Operating Officer. “The more people there are to help a patient and family the better.”

Aungier will be providing a free End of Life Doula level 1 family/community volunteer/caregiver training on September 10, 2017 from 2 to 4:30 p.m. at Promise Hospice, located at 121 North Main Street, Suite 310, Greensburg, PA 15601. The level one training is designed so anyone and everyone can understand the basic end of life process and how to suggest and offer comfort.

To participate, please call or email Beth to RSVP: 724-515-5251 eaungier@promisechh.com.

About the Promise Group

The Promise Group of companies consists of Promise Hospice, Promise Concierge Services and PromiseCare Doulas. The Group was created by Elizabeth Aungier, having first launched Promise Hospice in 2010 and Promise Concierge Services in 2013.

Aungier is a native of the Greensburg area. She has earned both her Bachelor and Master of Social Work Degrees from West Virginia University. She also has a Minor Degree in Gerontology. Previous to founding the Promise Group, Beth worked as a nursing home administrator before transitioning to the end of life field sixteen years ago. She states however, that her best accomplishments by far are her children, Anne, Thomas, Joey and Jack.

All of the companies in the Promise Group are non-denominational and do not discriminate on the basis of race, color, religion, national origin, sexual orientation, disability, gender, age, marital or Veteran status.

www.promisehospice.com

www.promiseconciierge.com